

R.I. Dist. 3060

R.I. President

**Charter Date 05-03-1965** 

Club No 15204

District Governor Rtn. Prashant Jani



Rtn. Holger Knaack

# NEWS WHEEL

## **FORTNIGHTLY CLUB BULLETIN**

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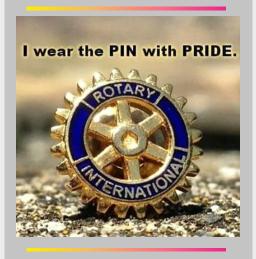
# BULLETIN OF ROTARY CLUB OF UDHNA

FOR PRIVATE CIRCULATION ONLY 2020-21/10. November 15, 2020

Note: All meetings shall be virtual on zoom / Google meet till further instruction.

### **Next Meeting**

**Thursday, November 19, 2020**NO MEETING - DIWALI HOLIDAY



### **Forthcoming Meeting**

Thursday, November 26, 2020 Program: Close Business Meeting For Club Members Only

### **Birthdays**

Nov. 15 Ann Tejal Bankim Dave 19 Rtn. Devendra Lalwala 20 Rtn. Sunetra Pradhan 23 Rtn. Bhaveen Sawlani 24 Ann Jigisha Dharmesh Chorawala 27 Annet Anugna Desai 29 Rtn. Prakash Patel

### Wedding Anniversary

Nov. 16 Vibha & Pavan Sharma 23 Jasmin & Jay Randeria 24 Sakeena & Ubbey Lokhandwal 27 Nayana & Nayan Bharatia 30 Sangeeta & Chetan Desai

### Dear Fellow Rotarians & Family of RCU.

Wishing you all a Very Happy Diwali and, a healthy, happy, bright and prosperous New Year!

May this Diwali light up new dreams, kindle fresh hopes, open undiscovered avenues and vistas, in service and fellowship, offer different perspectives, and everything bright and beautiful, fill your days with pleasant surprises and moments. Rejoice on this blessed occasion by spreading and sharing joy and cheer to the not so privileged.

With Lots of Love & Sincere Regards.

President Rtn. Vishal & Ann. Ami Merchant.

### CONGRATULATIONS...DG. PRASHANT JANI



2019-20: TOP 30 COUNTRIES GIVING IN TRF				
Rank	Country	Clubs	Rotarians	Total Contributions (USD)
1	United States	7,549	308,410	\$184,196,257
2	India	3,843	145,756	\$20,524,185
3	Korea	1,652	60,742	\$19,749,332
4	Japan	2,252	87,338	\$18,317,267
5	Taiwan	854	32,317	\$15,557,928
6	Canada	716	22,453	\$8,250,155
7	Germany	1,091	56,300	\$7,294,947
8	UK	1,643	41,833	\$5,341,823
9	Philippines	896	24,446	\$5,071,350
10	Australia	1,055	26,480	\$4,939,719
11	Italy	901	39,304	\$4,642,959
12	Brazil	2,375	51,967	\$3,709,511
13	France	1,070	29,991	\$3,156,955
14	Nepal	119	4,631	\$2,098,466
15	Switzerland	218	13,072	\$1,914,961
16	Thailand	336	7,611	\$1,809,186
17	Honduras	33	690	\$1,497,023
18	Nigeria	375	8,911	\$1,388,782
19	Mexico	600	9,620	\$1,378,105
20	Guatemala	30	655	\$1,302,670
21	Singapore	24	841	\$1,168,105
22	Belgium	268	9,771	\$1,112,490
23	Malaysia	131	3,031	\$1,095,133
24	Hong Kong	77	2,056	\$1,051,871
25	Netherlands	494	16,666	\$981,494
26	New Zealand	230	7,208	\$947,688
27	Austria	153	8,094	\$924,133
28	Bangladesh	365	10,367	\$717,734
29	Sweden	472	20,807	\$604,045
30	Denmark	258	9,48	\$512,823



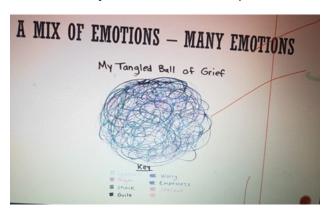


# HEAL: UNDERSTANDING LOSS AND COPING...by MS. POOJA PANDHE - A JOINT MEETING WITH ROTARY SURAT RIVERSIDE...

It was Thursday, October 08, 2020; on the virtual platform was once our club's darling annet, emotional and lovable daughter to many, Ms. Pooja Devang Munim and now after marriage a very matured, prudent and sophisticated - famed Counselling Psychologist based in Mumbai Ms. Pooja A. Pandhe who in her style admirable made an AV presentation on the said subject. From RCU the in-charge Sgt. At Arms Rtn. Ami Desai called the meeting to order. Feeling elated was our President Rtn. Vishal Merchant who had the privilege of welcoming a joint meeting of two Rotary Clubs of our area – Surat Riverside & Udhna; where the words of joy & welcome came from his heart. After the Greetings by both the Clubs; it was our Club's pulsating Public Image Chair PP. Rtn. Bilal Memon whom I refer to as face of our club in society; introduced the guest speaker Ms. Pooja Pandhe both as a charming annet and as a professional counselling psychologist.

The focus than shifted to Pooja; whose counselling skills were evident from the word "Go" of her address. She began with agreeing to conclude within the given 30 minutes of time which according to her was very tight but kept to her promise. Her voice, tone and modulation was splendid to the ears as she began introducing "Loss and Grief as inescapable part of Life – Loss is an inevitable part of life while Grief she said is a natural part of the healing process". Citing examples of Sense of Loss; she added that it can be felt in a new job, change in eating habits, movinh home, marriage, retirement, children leaving home etc. Ms. Pooja described Loss as separation from something or someone of value while Grief is a reaction or natural response to Loss. Explaining in detail she said, Loss affects: Body, Mind, Emotions, Spirit.





Talented as she is, Ms. Pooja made the entire session very interactive by posing relevant questions and to her advantage she knew personally majority present in the said meeting; thereby asking to particular person. Under Myths, she categorised it in five different forms while talking about the most common perception – TIME HEALS?? Pooja commented, "Even though people think that time helps one to cope with grief, it is not true. Time never heals. In Time we heal ourselves by resorting to different methods". She than talked on "The Grieving Process", after which she posed questions on "COPING WITH LOSS". Ms. Pooja Pandhe concluded with a nice quote, "Sunsets are proof, that endings can be beautiful too".

The floor was open for Q & A which too was very interesting.

The two Hon. secretaries **Rtn. Chetan Jariwala** of RCU & **PP. Rtn. Jugalkishore Shinglot** of RSR respectively made announcement of forthcoming program.

A core worker and a zealous Rotarian PP. Jugalkishore Shinglot of RSR started with the vote of thanks but as it happens in the virtual meetings; he lost internet connection; so after a brief pause brainy and enthusiastic **President of RSR Rtn. Anand Acharya** performed the pleasant duty.

Meeting was then adjourn by Sgt. At arms of RSR Rtn. Rajat Vij.

# A Rotarian is someone who, through their efforts: - Digs wells from which they will never drink - Restores eyesight for those they will never see - Builds houses they will never live in - Vaccinates children they will never meet - Plants trees they will never sit under - Educates children they will never know - Feeds hungry people, regardless of colour, race or politics - Knows real happiness Rotary





# ANN SUMITA SHAH SCARES HUSBANDS AS SHE SPEAKS ON BODY LANGUAGE, WHILE, WIVES REJOICE AS THEY LEARN THE ART TO SNOOP...

The bold & beautiful, a perfect blend of intelligence with panche' is **Ann Sumita Sachin Shah** – a multifaceted person who is in academics, personality development, administration and so on; undoubtedly she has put her M.B.A. to its full performance.

On the virtual platform on Thursday, November 05, 2020; sharp at 8.45pm **President Rtn. Vishal Merchant** himself called the meeting to order and had a charismatic smile in welcoming guest speaker Ann Sumita and members present after which he announced the birthday & wedding anniversary greetings. Changing the protocol of the announcement by Hon. secretary at the end of agenda before vote of thanks to item no.3; President invited Hon. secretary **Rtn. Chetan Jariwala** for the announcement.

It was then an ever smiling and very hard working Rotarian **Chetan Desai** who under Know Your Rotarian was very modest in informing that he does not have great achievements to speak about but his efforts and approach to life has been that of honesty and sincerity.

**Ann Bharti Praveen Kakkar** – one more talented, energetic & buoyant by nature Ann who was all aflame as she introduced her friend the guest speaker Ann Sumita Shah.

The focus than shifted on the guest speaker **Ann Sumita** who started her presentation by introducing the subject **BODY LANGUAGE** by mentioning it is a non verbal language which is used between two individuals and even in a Group of people. From head to toe all expressions like smile, wink, gestures, posture and even touch etc. convey some important meaning and therefore verbal language has to compliment body language. She then elaborated on "Thinking speed and speaking speed" saying that it is a game of gestures and Body Language therefore is a super power. The wives were found vigilant when Ann Sumita gave tips on various gestures and expressions which would help one find whether the other person is bluffing or is not confident of what he is expressing or is trying to hide something or is not comfortable talking etc. With the help of an AV presentation she also explained how to captivate the audience and the art of listening. In conclusion, she explained "THE A.W.S.M. METHOD". A perfect Management expert she completed her talk in the given 30 minutes. Floor was then opened for Q&A where the Rotarians had all sympathy for Ann Sumita's husband **PP. Rtn. Sachin Shah** as the use of Body language back home would be putting him always in a tight spot; but, as he is Sachin conveyed much with his wily smile.

**PP. Rtn. Paresh Shah**, now the reckoned Poet of our Club proposing the vote of thanks was all praises for Sumita and he narrated a poem in "Sumita's Tarrif". Meeting was then adjourn.

### Know Your Rotarian - Rtn. Pranav Desai

Rtn. Pranav Desai was brought up in Mumbai & is currently residing at Althan, Surat. He has done his Bachelor of Industrial Engineering from VIT, Pune & has worked in Mahindra & Mahindra Ltd. Farm Equipment Sector, Mumbai for 12 years in BPR Implementation, Mahindra Production System & Strategic Management Cell. He has successfully implemented Business Process Reengineering & Toyota Production System at M&M & he was a part of team in setting up of M&M new Tractor Plants at Rudrapur, Uttarakhand & Jaipur in India and at Texas & Georgia in USA.

In 2008 he left M&M & joined L&T-MHI Power Turbine Generators Pvt. Ltd., Hazira, Surat. Initially he worked for L&T new factory setup. He was then Head of Cost Cell followed by Head of Management Services & currently he is working as Senior Deputy General Manager & is in charge of Manufacturing Engineering.







### LESSONS FOR LIFE FROM WARREN BUFFET...by RTN. PRANAV DESAI



Abstracts from interview on CNBC with Warren Buffet, the 2nd richest man who has donated USD 31 Billion to charity. Some very interesting aspects of his life:

- 1. He bought his first share at age 11 & he now regrets that he started too late!
  - > Things were very cheap that time Encourage your children to invest
- 2. He bought a small farm at age 14 with savings from delivering newspapers.
  - One could have bought many things with little savings Encourage your children to start some kind of business
- 3. He still lives in the same small 3-bedroom house in mid-town Omaha, that he bought after he got married 50 years ago. He says that he has everything he needs in that house. His house does not have a wall or a fence.
  - Don't buy more than what you "really need" & encourage your children to do & think the same
- 4. He drives his own car everywhere & does not have a driver or security people around him.
  - You are what you are
- 5. He never travels by private jet, although he owns the world's largest private jet company.
  - Always think how you can accomplish things economically
- 6. His company, Berkshire Hathaway, owns 63 companies. He writes only one letter each year to the CEOs of these companies, giving them goals for the year. He never holds meetings or calls them on a regular basis.
  - Assign the right people to the right jobs
- 7. He has given his CEO's only Two Rules.
  - Rule Number 1: Do not lose any of your shareholder's money
  - Rule Number 2: Do not forget Rule Number 1
    - Set goals & make sure people focus on them
- 8. He does not socialize with the high society crowd. His past time after he gets home is to make himself some popcorn& watch television.
  - Don't try to show off, just be yourself& do what you enjoy doing
- 9. Warren Buffet does not carry a cell phone, nor has a computer on his desk.
- 10. Bill Gates, the world's richest man met him for the first time only 9 years ago. Bill Gates did not think he had anything in common with Warren Buffet. So, he had scheduled his meeting only for half an hour. But when Gates met him, the meeting lasted for ten hours & Bill Gates became a devotee of Warren Buffet.

### Warren Buffet's advice to young people

- ✓ "Stay away from credit cards (bank loans) & invest in yourself &remember:
  - Money doesn't create man, but it is the man who created money
  - o Live your life as simple as you are
  - o Don't do what others say, just listen them, but do what you feel good.
  - o Don't go on brand name, just wear those things in which you feel comfortable
  - Don't waste your money on unnecessary things, just spend on them who really in need rather
  - o After all it's your life then why give chance to others to rule our life